



# Healthy Aging CONFERENCE

Questions  
about  
aging?

I'm worried  
about  
mom...

**Saturday, October 14**

**8am - 3:30pm**

WSU Spokane Campus  
Academic Center  
600 N. Riverpoint Blvd., Spokane

**One-hour sessions by experts to  
educate you and your loved ones**

*Space is limited.*

**Registration is free but required.**



Register online at [www.HealthyAgingSpokane.org](http://www.HealthyAgingSpokane.org)  
or call 509-489-4581.

## Where Can I Find HELP?

Legal and Financial Issues • Insurance & Veterans Benefits  
Maintaining Patient Choices • Memory Concerns  
Dental Options • Levels of Care  
Caregiver Support • Residence Transitions  
Movement, Safety and Frailty • Geriatric Medical Issues

