

Healthy Aging Conference 2025

Sessions Led by Aging Experts:

- The Normal Aging Brain and Dementia
- Preventing Falls
- The Empowered Caregiver
- Nutrition and Exercise for Healthy Aging
- Minimizing Social Isolation
- Legal and Financial Considerations of Aging



**Register
Now!**



**Free to
Attend!**

**Free Breakfast,
Lunch, & Parking!**



**March 8,
2025**

**Doors Open: 8:00 am
Event: 9 am-2:20 pm**



**WSU Spokane Campus Academic Center
600 N. Riverpoint Blvd. Spokane, WA**

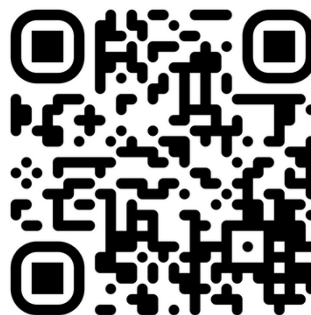


Conference Hosts:

- Providence Inland Northwest Foundation
- Home Health & Home Care Agencies
- Spokane Regional Health District
- Aging and Long Term Care
- AARP Greater Spokane
- Alzheimer's Association
- Horizon Hospice
- WSU Spokane
- SANEWA

Scan QR or Visit to Register:

 <https://healthyagingspokane.org/>



**Space is
Limited!**

Thank You
To Our
2025
Sponsors!



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